

The Equipment

The Arkansas Ghost Catchers have been collecting, creating, and refining their ghost hunting gear since the start, as Cheryl says, “My toolbox is heavy.” Here’s a look at some of their go-to tools for ghost hunting:

EMF Detectors



- Mel Meter 8704: Invented by Gary Galka of DAS to communicate with his daughter Mellisa after her passing. The model number is personal: “87” for her birth year and “04” for the day she died. Measures electromagnetic fields (in milligauss) within the 2.0–7.0 “paranormal range.”
- KII Meter: Lights flash when energy fields change, often interpreted as signs of spirit presence.
- Trip Wires & Rem Pods: Detect physical movement or shifts in electromagnetic energy.
- IDC Spirit Web

Note: EMF detectors are sensitive. Cell phones can trigger false readings. Investigators always switch to airplane mode before starting.

Audio Devices



- SB7 Spirit Box: Scans AM and FM radio frequencies at high speed to capture fragments of sound or speech believed to be spirit responses. Often used with an external speaker for clarity.
- Tempest & Ovilus: Devices that convert environmental readings into words, sometimes called “spirit communication” tools.
- Tascam DR-05 Audio Recorder: A handheld recorder favored for capturing EVPs (Electronic Voice Phenomena).
- Olympus and Sony recorders: Reliable for EVP sessions.
- Spirit Box - IDC Direct Linc (Heather uses a lot!)

Lighting & Power



- Flashlights: Essential for both safety and spirit interaction. Investigators often use them during “flashlight sessions,” inviting spirits to turn them on or off.
- Extra Batteries: A must. Many investigators believe active locations drain battery power faster than usual.

Cell Phones

- Ghost Apps: Fun but not reliable for serious evidence.
- Practical Use: Handy for backup audio recording or quick photos when more advanced equipment isn’t available.